Locality Newsletter

Cambridgeshire County Council

Cambridge North

Welcome to the Spring 2012 edition of the Cambridge North Locality Newsletter

Staffing changes

Since our last edition we have several new staff to introduce and welcome to our team. Bhavni Sharma and Sharon Punchard have joined us as new Information Advisers (IAs). Bhavni and Sharon will be based mainly on the second floor at the central library in Cambridge, offering a triage service including information, advice and guidance to young people, as part of a team comprising of IAs, Guidance Advisers and Young People Workers. Bhavni and Sharon have replaced Kerry Middleditch and Sarah Knight, who we sadly said goodbye to, but wish them well in their new roles as a Unit Coordinator in Social Care and a Young People's Worker in Sawston and Linton respectively.

From April 1st we will be welcoming four new Family Workers, Gillian Thompson, Sadiyah Yousaf, Karina Vicencio and Maria Iondes. These new staff members will be joining us from the disbanding Home Visiting Team and so will all have a very good knowledge of local issues and families. Yousaf, Karina and Maria will be working with families with children under 5 through our Children Centres and Gillian will have a role that encompasses both over and under 5s work.

Finally, Kate Stewart, our indispensible Business Support Assistant, has left to take a Business Support Officer role with the Local Safeguarding Children Board. Kate's replacement will be Tobias Gleed-Owen, who will be joining us from HR and we are very much looking forward to Tobias joining our team.

Ofsted inspection

In February our North Cambridge Children Centre in Campkin Rd had an Ofsted inspection. The overall judgement was satisfactory with several good features. Out of the 17 headings, 10 were satisfactory and 7 good. Here are some highlights from the Ofsted report: *while the overall effectiveness of the centre is satisfactory, there are a number of important and growing strengths. These justify the very positive views families and the Centre's partners have of the services it provides. In practice, the centre serves well those with whom it is in contact and is able to reach. The safeguarding of children and their families is good. This aspect of the centre's work has a high priority and the quality of the Centre's partnerships with various support services and agencies are good. The Centre's staff have worked hard over the past four years to build the justified reputation it has within its community.*

Please do contact me if you would like to receive a full copy of the report.

Moves

At the end of January, we moved from our main office base from the Old Police House to the first floor of Babbage House on the Castle Hill site. We will be co-located here with the 2 Social Care Child In Need Units designated to cover North Cambridge and look forward to working even more closely with our colleagues from Social Care.

I do hope you enjoy the rest of our Newsletter.

Paul Connelly
Locality Manager
Paul.connelly@cambridgeshire.gov.uk

And from our Assistant Locality Manager

I've been in post for 4months now and it has been a really fast moving and exciting time.

It's been a busy time for Parent Support Advisers with referrals increasing via the CAF process. We have just been looking at and reviewing how the CAF is working for families and the feedback from both professionals and parents is that it is very positive. Families are really very supportive of the Lead Professional role and people who are supporting through the Team Around the Child meetings. Referrals are to come through myself via email or calling the main office number 01223 728580

I am still getting round to schools and still very keen to visit as many as possible over the next 4 months or so.

A big change for us is the move to the role of Family Workers from Parent Support Advisers. This is a really positive opportunity to include the whole family in the work that we do with both children and parents.

Natalie Pulfer
Assistant Locality Manager
Natalie.pulfer@cambridgeshire.gov.uk

The North City Locality Team are:

Cambridge North	General Number	01223 728580 01223 507116 Fax
Paul Connelly	Locality Manager	01223 729075 07966 042609
Natalie Pulfer	Assistant Locality Manager	01223 717338 07920 258705
Tobias Gleed-Owen	Business Support Assistant	01223 729070
Laura Lawrence	Business Support Assistant	01223 729071
Michelle Davies	Youth Development Coordinator	01223 699424 07827 283227
Andrea Cramp	Young People's Worker	01223 729058 07899 904959
Anwar Haq	Young People's Worker	01223 729059 07919 307169
Faye Ackroyd	Young People's Worker	01223 729062
Amy Chapman	Young People's Worker	01223 728591 07824 527697
Pekka Tuutti	Young People's Worker	01223 518738 07766 902496
Imogen Byers	Young People's Worker	01223 729067 07795 618342
Jo Maxwell	Children's Centre Manager North Cambridge, Chesterton and The Arc	01223 712172 07785 925530
Jacqui Day	Deputy Children's Centre Manager North Cambridge	01223 712172
Katy Fox	Deputy Children's Centre Manager Chesterton and The ArC	01223 729081
Becky Cornish	Children's Centre Business Support North Cambridge	01223 712172
Maggie Shen	Children's Centre Business Support Chesterton	01223 729081
Sharon Wilson	Children's Centre Business Support The ArC	01223 474895
Heather Bridgeman	Senior Education Welfare Officer Schools: Chesterton, Mayfield, Milton Rd, St Luke's	01223 475919 07714 242835
Nigel Bell	Education Welfare Officer Schools: Manor, Arbury, Castle, Grove, Kings Hedges, Orchard Park, Shirley, St Laurence's + PRU	01223 729073 07917 558907
Sue Cousins	Senior Education Welfare Officer Schools: IVC, Dry Drayton, Girton Glebe, Histon & Impington Infants and Juniors, Milton, Oakington	01954 284687 07714 242851
Avril Tyrell	In School Support Teacher Schools: Manor	01223 729060 07920 507535
Helen Fletcher	In School Support Instructor Schools: Chesterton & Manor	01223 729065 07901 686568
Claire Stanyer	In School Support Teacher Schools: IVC	01954 284698
Jo Lans	Parent Support Adviser	01223 729068 077672 91127

Ana Cooper	Parent Support Adviser	01223 728580
Sue Derry	Parent Support Adviser	01223 729113 07717 347436
Patricia Kortlever	Parent Support Adviser	01223 729074 07919 544520
Gianni Fella	YOS Worker	01223 729063 07771 673556
Christine Hammond	Senior Family Involvement Worker	01223 426710
Emma Cooper	Senior Family Involvement Worker	01223 474895
Gabriela Drobcinska	Family Involvement Worker	01223 426710
Jackie Ticehurst	Family Involvement Worker	01223 712173
Tracey Taylor	Senior Crèche and Play Worker	01223 426710
Bhavni Sharma	Information Adviser	01223 717088
Sharon Punchard	Information Adviser	01223 717088
Catie Hall	Guidance Adviser Schools: Manor & County School	01223 729061
Mike Richards	Guidance Adviser Schools: Chesterton & County School	01954 284692 07990 754364
Val Brown	Guidance Adviser School: IVC	01223 729134

How to contact us:

North City Locality Team
RES1402
Old Police House
Shire Hall Site
Castle Hill
Cambridge
CB3 0AP
Tel: 01223 728580
Email the Team:
NorthCityLocality@Cambridgeshire.gov.uk

And the Childrens Centres

Chesterton
Shirley Community Nursery and Primary School
Nuffield Road
Cambridge CB4 1TF
Tel: 01223 729081
E-mail the Children's Centre:
chestertonchildrenscentre@cambridgeshire.gov.uk
http://www.cambridgeshirechildrenscentres.org.uk/chesterton

North Cambridge
The Centre
Campkin Road
Cambridge
CB4 2LD
Tel: 01223 712172
E-mail the Children's Centre
northcambridgechildrenscentre@cambridgeshire.gov.uk
http://www.cambridgeshirechildrenscentres.org.uk/north-cambridge

The ArC
82 Akeman Street
Cambridge
CB4 3HG
Tel: 01223 703828
Email the Children's Centre:
arburychildrenscentre@cambridgeshire.gov.uk
http://www.cambridgeshirechildrenscentres.org.uk/arbury-castle

Histon Early Years Centre
New School Rd
Histon
Cambs
CB24 9L
Tel: 01223 712075
E-mail Children's Centre Manager:
Head@histon.cambs.sch.uk
http://www.cambridgeshirechildrenscentres.org.uk/histon

Or any of the team members can be contacted on firstname.surname@Cambridgeshire.gov.uk

We work closely with:

- GPs and Health Centres
- Support for Learning
- Midwifes
- South Cambridgeshire District Council
- Heath Visitors
- Cambridge City Council
- School Nurses
- Voluntary Sector Organisations
- Extended Schools
- Early Years Settings
- CAMH
- Youth Offending Service
- Cambridgeshire Police
- Parish Councils
- Social Care
- Housing Associations

We also work closely with the Head Teachers and Deputy Head Teachers of the following schools:

- Arbury Primary
- Kings Hedges Primary
- The Castle School
- Colleges Nursery
- Dry Drayton Primary
- Girton Glebe
- Histon and Impington Infants
- Histon and Impington Junior
- Histon Early Years Centre
- The Grove
- Mayfield Primary
- Milton Primary
- Milton Road
- Oakington Primary
- St Luke's Primary School
- St Lawrence's Primary School
- Orchard Park
- Shirley Primary School

- Impington Village College
- Manor Community College
- Chesterton Community College
- The County School (Ascham Road)
- Cambridge Regional College
- Long Road Sixth Form College
- Hills Road Sixth Form College

- Anglia Ruskin University
- Cambridge University

South Cambridgeshire and Cambridge City area overview

Localities and Partnership

To colleagues and partners in South Cambridgeshire and Cambridge City.

There is a huge amount of change within County Council Children's Services, as well as in partner organisations. This makes it an exciting and extremely challenging time.

Within the County Council Locality Teams, we are looking to see how the first year of implementing the Youth Support Services has gone, and make minor changes if needed. Overall in Cambridgeshire our NEET (Not in Education, Employment or Training) figures remain just above our target (currently 5.1% against target of 4.8%), but are lower than our statistical neighbours.

The YSS (Youth Support Service) staff continue to work tirelessly, and their dedication and professionalism and strong partnership work in the first year of a redesigned service has shown itself through positive outcomes for young people in relation to EET (in Education, Employment or Training). Our thanks to all for the hard work which has gone in to this first year.

The changes to the Family Worker role we hope will enable our work with families to be more holistic and systemic - taking into account the whole need of the family, and enabling us to work more seamlessly at the transition in and out of higher threshold services. Whilst job roles change on the 1st April, it will be important to see the next year as a transition year as staff gradually understand the new role, and undertake the training which has been provided to help build the skills within the workforce.

Staff continue to work closely with schools in relation to behaviour and attendance issues, and whilst there is change and flux in relation to some of these roles, the close working relationships between locality teams and schools should continue to provide the basis for ensuring that the offer to young people remains seamless.

Across **SCCC Children and Young People's Area Partnership,** the two remaining contracts are in the process of being awarded following a successful tendering process. To remind you, the two projects being commissioned are:

- For a project on Fen Road (North City boundaries) working with the communities to identify effective ways to engage them in decision making in the future
- A jointly commissioned project with SCIP (South Cambs Inclusion Partnership - comprised of the 9 secondary schools in South Cambridgeshire), to deliver counselling and support provision to 11 - 19 year olds, focussed mainly on South Cambridgeshire.

We should be in a position to notify you of the successful bidders soon.

Thanks again to all staff for your continued hard work.

With very best wishes to all

Sarah Ferguson
South Cambridgeshire and Cambridge City Area Manager: Localities and Partnership
Sarah.ferguson@cambridgeshire.gov.uk

Social Care

Social Work: Working for Families
The implementation of the unit model is gathering pace with six units now live, just under half of the team. Further units are planned to go live and we expect this process to be completed by the end of the year.

Statistics

- Since April 2011, we've completed 1034 initial assessments and 507 core assessments.
- During February, 5 children came into care
- On 1st March, 79 children were subject to a child protection plan out of a county total of 259. Neglect is the most common category.

Honorary staff member
One of our Social Workers was recently awarded an MBE in recognition of her contribution both to the profession and to Cambridgeshire.

Paul Evans
South Cambridgeshire and Cambridge City Area Manager: Social Care
Paul.evans@cambridgeshire.gov.uk

Support For Learning

Transition of Early Years children with complex Special Educational Needs into school

During the summer term 2012 the Support for Learning Team will be piloting a new process for supporting the transition of children with complex SEN from Early Years settings into mainstream primary schools.

In previous years the support provided to the setting for meeting the needs of the child by the Early Years Specialist Support Teacher was handed over to the designated Link Specialist Teacher at the end of the summer term in readiness for the new academic year starting in September.

From September 2012 it is intended that the work undertaken by the Early Years Specialist Support Teacher will be carried over into Foundation Stage to ensure that interventions that have proved successful in supporting the child will be continued seamlessly into school. A new protocol for transition will ensure that the training needs of the school will be identified at an early stage and that parents will be involved in the process from an early point during the term before the child starts at his / her new school.

We hope that this will result in the primary school receiving early notification and information about the child's needs enabling them to plan appropriate provision and that as a result parents will have greater confidence that their child will have the best start possible on entry to school. The Early Years setting and parents will be encouraged jointly to complete the 'All about me' passport for the child to provide information for the receiving school.

If colleagues in Locality or Social Care Teams would like further information about the transition protocol or would like to discuss the needs of individual pupils on their caseload at transition into school please contact Barbara Stone Early Years Specialist Team Manager or Kathy Kreetzer Specialist Teaching Team Manager.

Office move

The other piece of recent news from Support for Learning in South Cambs & Cambridge City is that together with the Children's Sensory Service and the Personal Advisers for Additional Needs we have now moved into the first floor at Babbage House on the Castle Park site to share accommodation with our colleagues in the North Cambridge Locality Team. The move was conducted during February half term and we are now settling happily into our new office space.

Barbara Stone
Early Years Team Manager
Barbara.stone@cambridgeshire.gov.uk

And

Kathy Kreetzer
Team Manager Specialist Teaching Team
Kathy.kreetzer@cambridgeshire.gov.uk

On behalf of:
Paula Granger
County Manager: Support For Learning
Paula.granger@cambridgeshire.gov.uk

Team updates

Integrated Youth Support Service (formerly Connexions)

Over the past few months, the Youth Support Service team within the locality have continued to work with young people who are most in need of support. Our **Guidance Advisers** have been in schools ensuring that young people have a clear idea of their future goals and how to achieve them, and have been focusing particularly this term on Year 11s who have not made an application to sixth form or further education, so that each of them has a good plan for what they do next.

We are pleased to welcome two new **Information Advisers** to our team, Sharon Punchard and Bhav Sharma, who have been busy learning the ropes so that they can support our young people who are NEET (not in employment, education or training) to find work, training or apprenticeships, including voluntary work and work experience.

Our **Young People's Workers** continue to work alongside young people who need intensive support, to identify their needs and plan ways to overcome any barriers they have, which may include difficulties at home or school, substance use, teenage pregnancy, homelessness or any other issues that teenagers often face. We have also been working in partnership with the parish and community councils to provide youth clubs which offer young people a safe place to go in their community where they can take part in positive activities and spend time with friends. We are pleased that parish and community councils have identified funding to enable us to extend the range of projects we can provide, including babysitting courses, bikeability courses, outreach work and football projects.

Alongside our continuing work, we are also planning some very exciting new projects. These include the **U-Project**, which provides ongoing intensive support to Year 11 students within the city who are at risk of becoming NEET. The project will involve group sessions in schools, 1:1 support, team building days and will culminate in a residential at Grafham Water designed to challenge young people and build self-confidence. We are still taking referrals so if you know of any Year 11 student who would benefit, please do contact me.

We recently made a successful funding bid and were able to buy some **'virtual babies'** which are dolls programmed to mimic the behaviour of a real baby. Young people will take the babies home and gain a real insight in to what it's really like to care for a newborn! We also have a 'pregnancy simulator vest' which is weighted and worn to get an understanding of how uncomfortable pregnancy can be! We have lots of ideas for how we can best utilise this new resource and are looking forward to putting them to good use!

If you or a young person you know would like support from us, please contact us in one of the following ways:

- Drop-In: Monday to Friday 1.30-4.30pm, 3rd Floor of the Central Library in Lion Yard.
- By Phone: 01223 728500
- Our Website: www.youthoria.org
- If you are a professional, you can request support from a Young People's Worker by completing a CAF and sending to me.

Michelle Davies
Youth Development Coordinator
Michelle.davies@cambridgeshire.gov.uk

Young People's Workers - Manor Step Up

Our locality takes great pride in supporting Manor Community College's alternative curriculum for students wanting to gain support within an holistic interactive programme.

Young People's Workers, ably supported by Lead Youth Support Workers, run the Tuesday Year 11 session and the Thursday Year 10 session. During each day the young people follow Foundation Learning units, with a view to obtaining a Diploma in 'Skills towards Enabling Progression' – a qualification focussed upon the skills that enable young people to prepare for college or work once leaving Manor.

The units are adaptable, and fully designed to fit the individual in order to ensure that their learning needs, aspirations and interests not only inform the content of the course but also the way in which the course is delivered. Topics we have covered so far are:

- Listening and Speaking Skills
- Teamwork
- Time Management
- Alcohol Awareness
- Diversity in Society
- CV writing
- Confidence and Self-Awareness

I lead the Year 10 group, and find it incredibly rewarding. Furthermore, a week ago one group member found me to tell me that they had had the confidence and initiative to speak to CRC about possible courses to which they could apply. The young person thanked me, and said if it hadn't been for our Thursday sessions they would never have done that. What more could a Young People's Worker ask for?!!

Imogen Byers
Young People's Worker
Imogen.byers@cambridgeshire.gov.uk

New Information Adviser

Hi, I'm Sharon the new Information Adviser based at the Cambridge Central Library. I come from a youth work background having worked in the Sawston and Linton Locality as a Lead Youth Worker for the past 6 years. I have now completed a month in my new role and have enjoyed the new experiences and challenges this brings.

I work 2 days a week for Cambridge North, 2 days for Cambridge South and 1 day for Sawston and Linton. Sawston and Linton clients were previously seen in the locality, but are now seen in the library via the drop-in or as appointments.

Sharon Punchard
Information Adviser
Sharon.punchard@cambridgeshire.gov.uk

Joint Partnership working

The Cam Sight Pre-school Group working in partnership with North Cambridge Children's Centre

Cam Sight provides support in Cambridgeshire for visually impaired people of all ages and works in partnership with North Cambridge Children's Centre to provide a targeted group for children under the age of five with a visual impairment. Cam Sight Pre-school Group is held fortnightly during term time from 10 am – 12 noon

Activities for the children, parents/carers and siblings include craft, messy play and songs with the emphasis on the particular sensory needs of the children, with the opportunity to talk to other parents, carers and professionals in a supportive, friendly environment. The location also provides an opportunity for families to access additional support and advice within the Children's Centre.

The charity is keen to extend its work with younger children and the two rehabilitation workers liaise with other agencies such as education and health and would like to have the opportunity to meet other professionals to share their work.

You are invited to an open evening on 27th March 2012 from 4pm -6pm at North Cambridge Children's Centre, Campkin Road, Cambridge, CB4 2LD, Refreshments will be provided and the event will be hosted by Paula bird, Helen Shepherd-Wilson (Rehabilitation Workers) and Jo Maxwell (Children's Centre Manager) RSVP paula@camsight.org.uk or leave a message on 01223 420033

Case Study

' Cam sight were asked to visit a two year old girl with a visual impairment, mum also has a visual impairment and the main difficulty was the daughter finding it difficult to socialize and had a tendency to cry and hold onto mum when in crowds or when faced with a new environment.
Cam sight supported the parent by providing funding for transport to the group. During her first visit to the group the child participated in all activities and interacted well with other children and adults without having to be constantly near her family. Cam sight contacted mum before the next group and she explained that she was so pleased with the way her daughter had interacted that she now wanted to try going to a local play group with her daughter and will continue to attend the group.'

If you would like further information please contact Paula Bird or Helen Shepherd-Wilson at Cam Sight, 167 Green End Road, Cambridge CB4 1RW. Phone: 01223 420033/07535634233. Registered charity no. 201640

What's on for young people in our locality - Youth Clubs

CLUB UNITED
Location:
Meadows Community Centre
Time:
Wednesdays 7.00 p.m. – 8.30 p.m.
Description:
Open access mixed youth club for ages 11-17, social education programme. Term time only
Contact
Amy Chapman
07824 527697

HISTON JUNIOR YOUTH CLUB
Location:
The Ideal Base, Impington Village College
Time:
Mondays 3.45 p.m. - 5.15 p.m.
Description:
Youth Club for school years 7 and 8. Social education programme including crafts and some indoor sports. Activities run during the school holidays.
Contact:
Andrea Cramp
07899 904959

MILTON YOUTH CLUB
Location:
Milton Youth Building, Milton.
Time:
Tuesday:
6.30 p.m. – 7.00 p.m. (Yrs 7 & 8 only)
7.00 p.m. – 8.00 p.m. (Yrs 7 to 11)
8.00 p.m. – 8.30 p.m. (Yrs 9 to 11 only)
Description:
Mixed youth Club for school years 7 to 11.
Contact:
Andrea Cramp
07899 904959

ORCHARD PARK YOUTH CLUB
Location:
Orchard Park Community Centre
Time:
Thursdays 6.00p.m. – 7.30 p.m.
Description:
Open access youth club
Contact:
Anwar Haq
07919 307169

What's on over the next few months in Our Children's Centres

The ArC Children's Centre:

MONDAY

New Arrivals
10.00am - 11.30am
Weekly
New parent group (with babies up to 12 months). Free chat and play with regular visits from health professionals
The ArC Children's Centre

The ArC Parents Forum
12 December at 8.00pm
16 January at 9.30am (crèche available)
13 February at 8.00pm
Come along once a month and have your say about activities for the under 5's in Arbury and Castle.
St Luke's Church Centre

Jumbo Toy Library
9.30am - 11.30am
First Monday in the month, commencing 5 September (term time only)
£2.50 lifetime membership
St Luke's Barn

Baby Clinic
2.00pm - 3.00pm
Weekly
Huntingdon Road Surgery

Roundabout Toddlers Group
9.30am - 12.00pm

Term time only

£3.50 per session for first child
£1.20 per session for second child (siblings under 1 free)
£1.50 per session for carers with babies under 1

Mayfield Primary School

Tinytalk Baby Signing
10.30am - 11.30am
Weekly

Singing and signing group for 0-18 months with their parents/carers

Book in advance, fee payable

St Augustine's Church Hall

Rat-a-tat! Music Group
10.00am - 11.00am
Weekly

Music fun for babies and toddlers

£3.50 per family

St Augustine's Church

TUESDAY

Little Monkeys
10.00am - 11.30am
Weekly

£3.00 per family

St Augustine's Church Hall

Speech and Language Drop-in
1.30pm - 3.00pm
20 September
15 November

If you are concerned about your child's speech and would like to talk to a speech and language therapist, come along to the drop-in session.

The ArC Children's Centre

Tuesdays Toddler's Group
9.30am - 11.00am
Weekly

Play session for babies and children under 5 and their carers

£1.00 per family

St Luke's Church Centre

Roundabout Toddlers Group
9.30am - 12.00pm
Term time only

£3.50 per session for first child
£1.20 per session for second child (siblings under 1 free)
£1.50 per session for carers with babies under 1

Mayfield Primary School

WEDNESDAY

Learning through Play
9.30am - 11.00am
Commencing 21 September

Children aged between 1-2 years and their parents/carers
10 week course about the importance of play and developmental milestones.

Places are limited, book in advance

St Luke's Church Centre

THURSDAY

Making Music
10.20am - 10.50am (2-5 years)
11.00am - 11.30am (0-2 years)
Weekly

Free music group organised by The ArC Parent's Forum. Enjoy a fun and educational approach to learning through music.

Mayfield School Community Room

Colourstrings Pre-school Music
Weekly (term time only)
11.00am - 11.30am (3 - 4 years)
11.30am - 12.00pm (under 3 years)
Come along to a class and enjoy singing songs, music games, playing instruments and more…

£4.00 per session

St Augustine's Church Hall

Castle Street Parents and Tots
10.00am - 12.00pm
Weekly

Drop-in for song-time, a story or craft activity, stay for a cup of tea and chat.

Suggested donation £1.00 per family

Castle Street Methodist Church

FRIDAY

Roundabout Toddlers Group
9.30am - 12.00pm
Term time only

£3.50 per session for first child
£1.20 per session for second child (siblings under 1 free)
£1.50 per session for carers with babies under 1

Mayfield Primary School

Little Acorns
9.30am - 11.30am
Weekly

Free play session for babies, toddlers under 5 and their parents/carers

St Luke's Church Centre

SATURDAY

Family Fun 2011
10.00am - 12.00pm
Monthly

1 October, 5 November and 3 December

A new free family play session for all under 5's and their carers

This session is run by volunteers from The ArC Parents' Forum

St Luke's Church Centre

North Cambridge Children's Centre:

MONDAY

Childminder's Group
9.30 - 11.30am
A group for local childminders

Sleep Clinic
10.00 - 11.30am
3 October, 7 November
5 December
Having problems with your child's sleep pattern? Come along for friendly advice

Weaning Clinic
10.00 - 11.00am
31 October
28 November
Having problems with weaning your child? Come along for friendly advice

New Parents and Parents to Be
12.00 - 1.30pm
Enjoy a light lunch and meet other new parents

Well Child Clinic
1.30 - 3.00pm
Come along for friendly advice from the health visitors.

Twinkling Twilights
4.00 - 5.00pm
A sensory group for crawlers and walkers

Open Swim
2.00 - 4.00pm
A chance for families to swim together
Adults - £3.05
Children under 3 - £1.55
Children under 3 - free
Kings Hedges Learner Pool

TUESDAY

Tuesday Drop In
9.30 - 12.30pm
A drop in session for families.
Meadows Child and Child Wing

Little Pears Family Drop In
9.30 - 11.30am
A play session for children and their carers.
Orchard Park Community Centre

Music and Movement
12.15 - 12.45pm – Babies
1.00 - 1.45pm – 0-5 years
Term time only until 13 December
Enjoy Music and Movement activities with Jo Jingles.
Places must be booked.

Chill and Chat Young Parents Group
1.00 - 2.30pm
A group for parents/carers aged 25 years and under. Enjoy a light lunch and meet other young parents.

Swimming For All
1.30 - 3.00pm
Term time only
To receive this free of charge, please visit the Children's Centre office and collect a compliment slip to take with you to the pool.
Abbey Pool

WEDNESDAY

Wednesdays Together
10.00 - 12.30pm – 0-3 years
1.00 - 3.00pm – Pre-walkers
Every Wednesday until
14 December
A drop in session with Kings Hedges Family Support Project.

Baby Rhyme Time
10.00 - 11.00am
Music session for children aged 0-18 months.
Arbury Court Library

Soft Play
1.00 - 2.30pm
Term time only
Soft play session for children and their carers.
Grove Primary School

Twinkling Twilights
4.00 - 5.00pm
A sensory session for babies.

THURSDAY

Story Club
10.30 - 11.15am
Stories, rhymes and crafts for children aged 18 months- 5 years.
Arbury Court Library

Health Trainer
From 13th October
Need support with making lifestyle changes? Contact the Children's Centre for information on making an appointment.

North Cambridge Parent's View
10.00 - 11.30am
Please contact the Children's Centre for dates
North Cambridge Parent's View are a group of parents/carers who get together and help plan events within the Children's Centre.

Stay and Play
1.00 – 2.30pm
A play session for children to enjoy with their parents/carers.

Christmas Party
1.00 - 2.30pm
8 December
Details available at a later date.
Buchan Street Neighbourhood Centre

North Cambridge Parent's View Clothing Swap
12.30 - 1.30am
6 October, 3 November
1 December
Swap baby/toddler clothes and maternity wear.

FRIDAY

Family Drop In
9.30am-12.00pm
A drop in for families.
Meadows Child and Family Wing

Open Swim
2.00-4.00pm
A chance for families to swim together.
Adults - £3.05
Children under 3 - £1.55
Children under 3 – free
Kings Hedges Learner Pool

SATURDAY

Arbury Water Babies
10.00-11.00am – 2-5 years
11.00-12.00pm – 4 mths-2 yrs
Term time only
A family swim session.
Adults - £2.00
Children - £1.50
Grove Primary School

Open Swim
2.00-4.00pm
A chance for families to swim together.
Adults - £3.05
Children under 3 - £1.55
Children under 3 – free
Kings Hedges Learner Pool

SUNDAY

Open Swim

2.00-4.00pm
Every Sunday
A swim session for families.
Adults - £3.05
Children under 3 - £1.55
Children under 3 – free
Kings Hedges Learner Pool

Chesterton Children's Centre:

MONDAY

Tiny Tots
10.15 – 11.30am
Local families run this group for carers and children from 6 month to 3 year old.

Chesterton Children's Centre

Space 2 Play
1.30 – 4.30pm
Drop in and play together with your child/ren anytime and also meet other families.

Chesterton Children's Centre

TUESDAY

Little Music Makers
This group is run by volunteer parents from the Chesterton Parent Group. Free activities for local families with children under 5 years old.

9.45 – 10.30am
For children under 18 months

10.30 – 11.00am
Free play with instruments

11.00 - 11.45am
For children 18 months plus

Brown's Field Community Centre

Children's Clinic
1.30 – 3.00pm
Where you can get your child weighed and also see the health visitor for advice.

Nuffield Road Medical Centre

WEDNESDAY

Toddler Plus
9.30 – 11.30am
Church-run toddler group

Term-time only
Arbury Road Baptist Church

Chesterton Parent Group
10.00 – 11.30am
Meeting with Crèche provided.

Booking essential!

All Mums, Dads and Children are welcome.

7th December 2011, 18th January and 15th February 2012

Chesterton Children's Centre

Breastfeeding Information & Support
12.00 – 2.00pm
Meet other mums and also get professional advice.

Chesterton Children's Centre

Tiny Feet
2.30 – 4.00pm
Drop-in session for babies under 1 year old and their parents

Chesterton Children's Centre

THURSDAY

Your Future Matters
9.15 – 11.00am
Thinking about going back to work, changing your career or looking for some financial support advice? Drop in anytime to get the right help and information. All families with child/ren under 5s are welcome.

Chesterton Children's Centre

Thursday Together
10.00 – 2.00pm
For local families with children up to 4 years old. The Kings Hedges Family Support Project

is funded by the National Lottery through the Big Lottery Fund.

Brown's Field Community Centre

Clothing Swap
1.00 – 2.30pm
1st Thursday each month

Drop-in anytime with the clothes your children no longer need to swap for bigger size.

1st December 2011, 5th January, 2nd February 2012

Chesterton Children's Centre

Grandparents Group
12.00 – 2.00pm
2nd Thursday each month

Drop-in to meet & share with other grandparent carers with similar situation

For Grandparent carers only!

8th December 2011, 12th January and 9th February 2012

Chesterton Children's Centre

Sleep Clinic
1.30 – 3.00pm
3rd Thursday each month

Discuss your child/ren's sleeping problems with the health visitor and meet other families with similar experiences

15th December 2011, 19th January and 16th February 2012

Chesterton Children's Centre

Cambridge Twins Group
2.30 – 4.00pm
4th Thursday each month

Local parents run group for families with twins

22nd December 2011, 26th January and 23rd February 2012

Chesterton Children's Centre

FRIDAY

Strengthening Families, Strengthening Communities
9.15 – 11.45am
A 13-week course starting from 9th September to 9th December 2011 (excluding the half-term Friday 28th October) with Crèche

Booking essential!

Chesterton Children's Centre

SATURDAY

Soft Play
10.15 – 11.30am
For Dads, Mums and Children under 5. It's run by Chesterton Parent Group.

Brown's Field Community Centre

If you would like to contribute to the next edition please email Paul.connelly@cambridgeshire.gov.uk or ring 01223 728580.